

FRESH ROOTS FAMOUS DRESSING!

MAKES ABOUT 2 CUPS

TIME: 5 MIN

This is the salad dressing that gets kids begging for more kale! It is great on slightly bitter greens (like kale), roasted vegetables, grain bowls, and more! You can leave out some of the oil if you want it lighter, or the water to make a thicker dip for veggie sticks!.

INGREDIENTS

1/3 cup Water

1/3 cup Soy Sauce (or GF/Soy-Free substitute)

1/3 cup Apple Cider Vinegar

1-2 cloves Garlic, minced

3/4 cup Nutritional Yeast

1 cup neutral flavored oil
(sunflower, vegetable, canola, etc.)

DIRECTIONS

- Add Water, Soy Sauce, Vinegar, Garlic, and Nutritional Yeast to a large jar or blender. Shake or blend until well mixed
- Add Oil and shake or blend again until well mixed
- Enjoy!
- Will last up to one week in the refrigerator.

Adapted from a recipe from [Hollyhock Farm](#)

