

Exploring Spring Traditions

In cultures all over the world, people celebrate the coming of spring! How does your family celebrate?

Things you may need

- Access to phone or video calling
- Paper and pencil or computer to take notes
- Art materials

Spring Around the World

This weekend, people in Canada and around the world are celebrating spring with Easter, Passover, Cherry Blossom festivals, and more! While celebrations might look different this year, we can all still honor this special time of year, and connect with the people who are important in our lives.

You can read about some of the many ways people celebrate spring at these websites:

- <https://kids.nationalgeographic.com/explore/celebrations/spring-celebrations/>
- <https://www.cbc.ca/kidsCBC2/the-feed/five-spring-celebrations-from-around-the-world>

Suggested Grades

Any! Younger students may need more guidance from an adult; older students should try one or more of the extension activities

Time

15-30 minutes for the interview; 30-90 minutes or more for the reflection piece.

Subjects

- English Language Arts
- Social Studies



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Exploring Your Traditions

How do you celebrate spring? Where did those traditions come from?

Interview a parent, grandparent, other relative, or other caring adult in your community. (Or interview more than one person - they will have different traditions and memories!) You can do this in your house if they live with you, over the phone, or on a video call. Be sure to take notes or ask to record your conversation!

Here's a few questions to get you started. If you know your family celebrates Passover or Easter or another holiday, you can ask directly about those. Some people may celebrate more than one thing!

- What do you celebrate this time of year? What and when is the most important celebration for you?
- What traditions did your family have when you were a kid? Do you do those same things now? Why or why not?
- Why do you think you have those traditions? What special meanings do they have?
- What food traditions do you have for spring? What is your favorite/least favorite?
- What religious traditions do you have for spring?
- What is your favorite memory of celebrating spring? Do you have a funny story?
- How are you going to celebrate this year?



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Reflect

Create an art piece, poem, or written essay about your traditions using the new information you learned. Be sure to share your finished work with the person you interviewed!

Extensions

Want to do more? Here are some ideas for going deeper!

Exploring Other Traditions

Find an adult outside your family (maybe a friend's parent or grandparent, a family friend, a Scout or Guide leader, or another adult you know) and interview them about their traditions. Even people who celebrate the same holidays often do so in very different ways! Find the similarities and differences between their traditions and your family's.

Celebrate with Food!

Most celebrations include special foods. Learn how to make one or more of your special foods. If you interview someone who has different special foods than you do, ask them if they have a recipe they can share for one of their foods.

Note: Some traditional foods, especially ones that are religiously important, should only be made or eaten by people who are sharing in that particular celebration, while others are things people love to share! Building caring relationships includes asking for permission before using something that originates with another culture, and being OK with being told "no."

