

Activity Guide

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Food and Farmworkers

COVID-19 is impacting everyone, including the people who grow our food. Older students can check out this *Plant Money* podcast to explore this complex topic.

Before you listen

In 2018, the Canada imported \$25.7 Billion in food and agricultural products from the US, including \$4.7 Billion in fruits and nuts and \$2.9 Billion in vegetables. See if you can find something in your kitchen that was imported from the US.

The Podcast Episode

Download *Planet Money* Episode 984: "Food and Farmworkers" using your favorite podcast app, or listen online at https://www.npr.org/2020/03/25/821593542/episode-984-food-and-farmworkers

Reflection

- Write out answers to some of these reflection questions, or discuss them with someone else who listened
- What was one thing you found surprising from the podcast?
- How do you feel about what you learned (angry, hopeful, energized, sad...)?

Suggested Grades

Grades 9-12. Note: The podcast includes one mild swear word and discusses labour and housing conditions for farmworkers.

Time

17 minutes to listen to the podcast; up to 30 minutes to complete extension activities.

Subjects

- Current Events
- ADST
 - Culinary arts
 - Food Studies
 - Media Arts
 - Economics
- English Language Arts
 - New Media
- Social Studies
 - Economic Theory
 - Human Geography
 - Social Justice
- Career Exploration
- Who do you think picks the fruits and vegetables grown in B.C.? Do all farms have the same sources of labour?
- Imagine you have 5 minutes to talk to someone in charge of our food system. What would you want to tell them they should do?