

# Veggie Printing

Explore the shapes, textures, and patterns of veggies and other plants through art!

## Things you'll need

- Vegetables, fruits, or parts of other plants
- Acrylic or tempera paint
- Paint brushes
- paint "palette" - a plate, plastic take-out lid, etc.
- Paper

## Suggested Grades

K-3

## Time

15-30 minutes

## Subjects

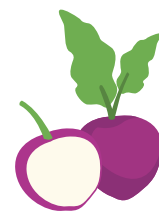
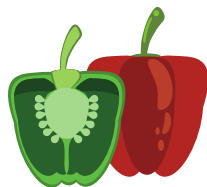
- Art
- Science

## Get Ready

Dig that limp celery and faded kale out of your veggie drawer, find the potato that's started to sprout, and grab that bruised apple. We're going to give them new life as art! Anything that's not mushy or too watery can be used. Things with interesting shapes and textures work best.

Some great options are:

- Stems of celery, chard, or bok choi cut so the ends are visible
- Roots like carrots, parsnips, turnips, and beets cut cross ways into circles
- Fruits like zucchini, squash, peppers, and apples
- Layered leafy veggies like cabbage, head lettuce, or Brussels sprouts cut into rounds or wedges
- Loose leaves, like kale, chard, celery, bok choi, carrot tops, or parsley



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## Print!

You can dip your veggies in paint, or apply paint to your veggies with a paintbrush. You want just enough paint to cover the surface of the veggie.

Experiment with using your veggies like stamps, leaving the veggie flat and pressing the paper onto it, or even using your veggie like a paintbrush!

What you create is up to you. You can use different shapes to make a portrait of a person or animal, print a landscape or still life, or create abstract patterns.



## Reflections

Here are some things to think about while you're printing.

- What do you notice about the different veggies? Think about all your senses - touch, smell, sound, sight, and maybe taste (before you paint them!)
- What similarities and differences do your different veggies have? Can you group them in some way?
- Do the same techniques work equally well for all your veggies? Why might some techniques work well for one veggie and not for another?
- Did you use any veggies you don't normally love to eat? (Or maybe even ones you really dislike!) What did you notice about that veggie that you hadn't before?
- What is your favorite to make art with? Is it the same as your favorite to eat?