



COVID-19 Safety Policy

Dear Camp Fresh Roots Families,

At Camp Fresh Roots, we work together as a team of campers, staff, and families to keep everyone as physically and emotionally safe as possible. Our programs are not risk-free, but by working together we create a joyful environment where everyone can learn, play, and grow. Last summer showed that we can have a fantastic camp where kids can get outdoors, make new friends, get their hands in the soil, taste delicious fresh foods, and have a lot of fun.

One great thing about our programs: they're all outside! Being outdoors is a great way to get kids playing, learning, and socializing in an environment with a low risk of COVID-19 transmission. And we have plenty of caring staff to make sure campers stay safe while having a great time.

Please read these policies carefully. If, after reading, you don't feel Camp Fresh Roots is the right fit for your family this summer, please let us know no later than one week after registering. We will provide a full refund and waive the cancellation fee. We hope to see you in the future!

COVID-19 is an ever-changing situation; we are actively monitoring and will be following the health and safety guidelines as outlined by the Government of British Columbia. If major changes occur, we will let you know as soon as possible.

General Program Safety Overview

Field Trips and Speakers

During Full Week camps, we will either take a walking field trip to a local park, or invite a guest speaker in to experience more of our local food and ecosystems. For some field trips, we will ask you to drop your camper off at the park instead of the farm. We'll let you know at the start of the week.

Food Program

We couldn't have camp without Good Food! We will be doing more individual food preparation, increasing our already-high hygiene standards, and following additional safety protocols. See the "Food and Food Programming" section below for more details.

Groups

Campers will be placed in groups of no more than 12 campers with two camp staff, and staff and campers will stay with their group for the entire week. The groups will be in separate spaces on our sites and will not mix. Family members will be placed together; if your camper would like to request to be placed with friends or other relatives, please include it on your registration form. We will do our best to honor requests, but cannot guarantee your camper will be with every friend.

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January 29, 2021



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Refund & Cancellation Policy

Refunds

Full refunds are available until four weeks prior to the start date of the program. Between four weeks and one week before the program we can offer a 50% refund. Cancellations made within one week of the start date will not be given a refund. If we can fill your spot from our wait list, we will provide a full refund, regardless of when you cancel. All refunds made more than a week after registration are subject to a \$25 cancellation fee.

If your camper cannot attend camp due to illness or close contact with someone with COVID-19, we will offer them a spot in a later camp if one is available, or offer a limited credit to be used toward next summer.

Cancellations

In the event of a program cancellation by Camp Fresh Roots, a full refund will be given. All families impacted by this decision will be directly contacted at a minimum of one week prior to the original start date, or as soon as possible.

Health Screenings & Illness Policy

We will be conducting a short health screening each day at check-in, and with our staff daily as well. Parents/caregivers will be asked the following questions:

1. Does your camper have, or did they have in the last 3 days, a cough, fever, or any signs of cold, flu, or COVID-19?
2. Has anyone in your household traveled out of the country in the last 14 days?
3. Has anyone in your household had close contact with someone diagnosed with COVID-19 within the last 14 days?

If the answer to any of those questions is "yes", the camper/staff will be immediately sent home. If a camper becomes ill during the camp day, they will be immediately separated from the rest of the campers and their parent/caregiver will be called to pick them up.

If your camper is sick, please do not send them to camp!

Call us at 778-764-0344 and let us know and we can discuss if your camper will be able to return that week.

If a camper is (or was) sick, they can come back to camp once one of the following conditions is met:

1. They have received a negative COVID-19 test and have been symptom free for at least 72 hours
2. They have been symptom free for 72 hours and it is at least 10 days after the onset of symptoms

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June 24, 2020



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Physical distancing and minimizing physical contact

As per the BC child care guidelines, the focus will be on encouraging campers to keep personal space bubbles and reducing the amount of shared items. Activities will be designed to encourage campers to maintain their bubbles, and we will have fun ways of helping campers remember!

Physical distancing of 2 meters will be maintained between staff, and between staff and campers as much as is practical. Staff will occasionally need to help campers up-close with some activities or to provide care. Staff will wear a mask and perform hand hygiene before and after this.

Other Fresh Roots staff, such as our farm team, or limited guest speakers may be on the farm site. They will maintain physical distance from campers at all times.

Hand Hygiene

Handwashing will be required as soon as staff and campers arrive on site, before any snack or meal breaks, as a normal part of bathroom breaks, and whenever hands are visibly dirty. Hand hygiene (handwashing or use of hand sanitizer) will also happen any time campers change activities. For camper safety, campers will not be allowed to carry their own hand sanitizer. Approved hand sanitizer will be distributed by staff whenever necessary and whenever a camper asks.

If your camper has special needs around hand hygiene, please contact us at camp@freshroots.ca or at 778-764-0344 to discuss how we can accommodate your camper while keeping everyone safe this summer.

Masks

Staff

Masks may be worn by staff at any time. There are some situations where our staff will be required to wear a mask or cloth face covering, for example:

- During check-in and check-out when around parents/caregivers.
- While harvesting food and during food prep.
- When it is necessary to be physically close to a camper to help with an activity or provide care.

Campers

Please plan on sending a mask with you camper each day. Campers will be required to wear a mask to harvest or help prepare food. Campers may wear masks/face coverings at other times if they choose to.

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Food & Food Programming

Harvesting, making, eating and learning about food is part of what makes Camp Fresh Roots so great! We intend to maintain that spirit of food and community while following COVID-19 safety guidelines. Campers will prepare snack or lunch (Full Week Camps only) using vegetables harvested from the site each day. We will let you know which day your camper will be cooking lunch with their group at the start of the week.

For food brought from home, there will be a strict no sharing policy. While we will have some pre-packaged snacks that we can provide if campers need them, please send enough food to keep your camper fueled for the day!

For harvesting and vegetable washing, campers will be following the same protocols as our farmers: starting (and ending) with clean hands, and wearing a cloth mask. Once veggies are washed, anything to be eaten raw will be handled only by our staff (who will wear masks during all food prep), or the camper who will be eating it. We will have some cooked food that will be prepared as a group; campers will wear masks during group food preparation, and, as always, will only cook with clean hands!

Campers will be assigned a set of dishes and utensils that will be theirs for the week. These will be washed with hot soapy water, rinsed, sanitized, and allowed to drip dry before being put away with the camper's other supplies.

During snack and lunch times, campers will be spaced out so they can maintain distance while eating. As we will not be able to seat every camper at our picnic tables this year, we request that campers bring a towel or similar to sit on while eating. These will be stored in a bag with other items assigned to your camper for use during the week and returned at the end of the week.

Cleaning and Sanitation

All surfaces will be cleaned at the beginning and end of each day, or more frequently if needed. High-touch surfaces and items, such as doorknobs, garden and farming tools and craft supplies will be cleaned at least twice a day.

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